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SGEU,

GENERAL UNEMPLOYED UNION

Hi my name is kristen [REDACTED] writer for all the ladies at Pine Grove Correctional Centre. I am sure you are aware of a so called company called Compass. This company does not provide any information for the nutrients or even a daily value for what we consume. Before staff were able to go into the kitchen, but now they absolutely can not. This kind of activity raises a major concern. The women who are pregnant do not know what they are feeding there unborn child who is very innocent and unaware. This also raises a human right concern and would be disturbing to hear of anything tragic happen to an unborn "Where is our future". We get small portions twice a day, these portions lead to basically one meal, one would feed a small child. Also each inmate is consuming a loaf of bread a day and as women it's clearly unhealthy. Most of us eat because we have no choice "We are hungry". Women are getting sick, I personally do get very sick. In order to take my medication I have to eat before my med's, I can not do that so I get sick, vomit and then end each night in hunger pains. Before this company staff

and inmates would eat together in the dining room, were there was communication. In a prison for women communication and happy people is a value. For some it's a place to grow and a beginning for sobriety. Thanks to the staff who are also all women, they treat us with respect and agree with our letter, they are very supportive and were patient with our complaints. If you have any more questions please do not hesitate to call the facility. Raw cold food with no information is like hiring someone with no resume or background.

Truly
K. [Redacted]