

Stories about COVID-19 have been headlining the national and international news for the past few weeks, and decisions and announcements are being made with increased frequency. This morning, Saskatchewan announced news of the province's first presumptive case of the Novel Coronavirus 2019 (COVID-19).

The Ministry of Health continues to monitor the illness closely and provide up-to-date information and advice regarding COVID-19 in Saskatchewan and I am committed to sharing this information with SLGA employees on an ongoing basis.

As a reminder, the best way to protect yourself from Coronavirus and other respiratory illnesses is to practice preventive actions every day:

- Practice proper cough and sneezing etiquette (into the bend of your elbow).
- Wash your hands often with soap and water; if soap and water are not available, use an alcohol-based hand sanitizer.
- Regularly wipe down your phone, keyboard, and desk surface.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Maintain safe food practices.
- Avoid close contact with people who are sick.
- Stay home when you are sick.

In addition, the Public Health Agency of Canada advises:

- All travelers returning to Canada should monitor their health. Monitor for fever, cough and difficulty breathing for 14 days after you arrive in Canada. If an employee has these symptoms, they are directed to contact HealthLine 811 for assessment and direction.
- If you have travelled to a country with a [level three travel advisory](#), limit your contact with others for a total of 14 days starting the day you began your journey to Canada. This means self-isolate and stay at home. Contact HealthLine 811 within 24 hours of arriving in Canada for direction. Refer to [Saskatchewan.ca/coronavirus](https://saskatchewan.ca/coronavirus) for the most up-to-date information.
- Anyone who has been in close contact with someone who is ill with COVID-19 should self-isolate for 14 days.

Here are links to some information you may find helpful:

- [General Q and As](#)
- [Self-Isolation Information Sheet](#)
- [Infection Control Tips](#)

We will continue to share information with employees in the coming days and weeks. You can also visit [Saskatchewan.ca/coronavirus](https://saskatchewan.ca/coronavirus) for the most up-to-date information from the province and the Public Health Agency of Canada.

If you have any questions, please contact TJ at [aobamo@slga.gov.sk.ca](mailto:aobamo@slga.gov.sk.ca) or 306-798-3454.