

## PHYSICIAN'S INITIAL REPORT FORM

### **Instructions:**

Part 2 - To be completed by Member

Part 3 to 8 – To be completed/authorized by a Medical Doctor

### **Part 2 – Identification and Authorization:** *Part 2 to be completed by Member.*

<b>Name and Address of Insurer:</b> SGEU Long Term Disability Plan 1011 Devonshire Dr N Regina SK S4X 2X4	<b>Name of the Plan's Medical Adjudicator:</b>  Saskatchewan Blue Cross
<b>Member's Last Name      First      Initial</b>	<b>Member's Mailing Address:</b>
<b>Member's DOB (mm/dd/yy)</b>	<b>Member's S.I.N.</b>
In respect to this form, I hereby authorize the release of any information to the Insurer and the Plan's Medical Adjudicator.	
<b>Member's Signature</b>	<b>Date (mm/dd/yy)</b>

### **Part 3 – History and Findings:** *Part 3 to 8 to be completed/authorized by a Medical Doctor.*

To provide further information on any physical or psychological illness/injury, complete the applicable portions of this form and attach any applicable documents (such as x-ray, scans, consult reports, etc.).

3.1 Mechanism of injury or onset of illness	
3.2 To the best of my knowledge, the illness/injury started or happened on (mm/dd/yy).	<b>3.3 To the best of my knowledge, the Patient has been unable to work as a result of the disability from (mm/dd/yy).</b>
3.4 Date of first examination for the present condition (mm/dd/yy).	3.5 Dates of hospitalization (mm/dd/yy) From    To  Name of hospital

### **Part 4 – Diagnosis**

4.1 Diagnosis of Physical Illness/Injury:
4.2 Physical Clinical Findings:
4.3 Diagnosis of Psychological Illness/Injury:

4.4 Psychological Clinical Findings:

4.5 Diagnostic tests ordered and findings (Attach copies of all results):

4.6 Is the condition as a result of a **workplace** issue:  Yes  No  
If yes, describe the workplace incident and any other contributing factors (alleged harassment/conflict, workload or performance issues).

**Part 5 – Complicating Factors**

Please indicate all factors that may have contributed to the clinical problem(s) and may complicated the patient recovery period

<input type="checkbox"/> Addictions	<input type="checkbox"/> Social/Family Issues	<input type="checkbox"/> Financial/Legal Problems	<input type="checkbox"/> Pre-existing Medical Condition
<input type="checkbox"/> Physical Conditions	<input type="checkbox"/> Alcohol/Drug Abuse	<input type="checkbox"/> Medication Side Effects	<input type="checkbox"/> Other
<input type="checkbox"/> Pain Perception	<input type="checkbox"/> Coping Skills	<input type="checkbox"/> Personality/Motivation	

Please describe:

Please describe the supports in place, or planned, to assist with these issues:

**Part 6 – Treatment Plan**

No active treatment is required.

6.1 **Current Treatment:** (specify in each case):

6.2 List all Medications (dosage/frequency/start date):

List previous medications trialed and general response:

The medication(s) might impair safety in the workplace for the Patient or for others as follows:

6.3 Referred for assessment / treatment to (specify name and appointment dates):

- Medical/Surgical Specialist \_\_\_\_\_
- Psychiatrist \_\_\_\_\_
- Psychologist \_\_\_\_\_
- Counsellor (social worker/mental health worker) \_\_\_\_\_
- Physical Therapist \_\_\_\_\_
- Chiropractor \_\_\_\_\_
- Other Referral \_\_\_\_\_
- Education/Other Treatment \_\_\_\_\_

6.4 Has the Patient been fully compliant with the prescribed treatment plan?  Yes  No (If no, explain)

## Part 7 – Return to Work - Restrictions / Limitations

7.1 Is the Patient currently working?  Yes  No      Participating in activities of daily living?  Yes  No

7.2 Is the Patient fit to return to modified / alternate duties?  Yes  No      (If yes, on \_\_\_\_\_ mm/dd/yy)

If 'Yes' in questions 7.2 above, does the Patient have:

- Physical Restrictions / Limitations (Fill in the Physical Restrictions / Limitations Section below)
- Cognitive or Psychological Restrictions / Limitations (Fill in the Cognitive / Psychological Restrictions Section below)

If 'No' in question 7.2 above, please explain in detail the medical contraindications, concerns or functional limitations which preclude your Patient from participating in any employment activities at this time.

Physical Restrictions / Limitations											
		Hours at one time					Total hours during day				
		<1	1-2	2-4	4-6	6-8	<1	1-2	2-4	4-6	6-8
Sitting	<input type="checkbox"/> No Restriction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Standing	<input type="checkbox"/> No Restriction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Walking	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ladder and Stair Climbing	<input type="checkbox"/> No Restriction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Kneeling/Crawling Crouching	<input type="checkbox"/> No Restriction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Drive	<input type="checkbox"/> No Restriction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
This patient can lift/carry a maximum of: _____ kgs.		0	5	9	14	18	23	27	32	36	
_____ lbs.		0	10	20	30	40	50	60	80	80	
<input type="checkbox"/> No Restriction		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Repetitively – how much?		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Occasionally – how much?		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Reaching / Repetitive Movements <input type="checkbox"/> No Restriction		Left Arm <input type="checkbox"/> below waist <input type="checkbox"/> waist level <input type="checkbox"/> chest level									
		Right Arm <input type="checkbox"/> below waist <input type="checkbox"/> waist level <input type="checkbox"/> chest level									
Manual Dexterity (Grip / Twist / Keyboarding) <input type="checkbox"/> No Restriction		<input type="checkbox"/> Left hand / arm <input type="checkbox"/> Right hand / arm									
		<input type="checkbox"/> Fine motor skills (pick up small items; writing; using computer mouse)									
		<input type="checkbox"/> Gripping / twisting / pulling									
		<input type="checkbox"/> Keyboarding: Limit to _____ hrs / day									

Cognitive / Psychological Restrictions / Limitations				
In your opinion, does the patient have any cognitive or psychological difficulties that could negatively impact their ability to work and/or their performance within the workplace? <b>If yes, fill below.</b>				
COGNITIVE / PSYCHOLOGICAL LIMITATIONS	Level of impairment			
	No Impact	Mild	Moderate	Severe
Memory processing or recalling information	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Concentration/focus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comprehending new information	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Problem-solving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Complex numerical calculations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Insight/judgement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Analyzing information/data	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Completing tasks with frequent interruptions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tolerating unusual and shifting deadline pressures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Socialization/handling conflict	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Experiences excessive mental fatigue every day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Experiences excessive physical fatigue every day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Observations or comments supporting the above:				

**Part 8 – Attending Physician (NOTE: Physician's Stamp Must Be Affixed Below.)**

Last Name	First Name	Initial	Designation	<b>Practitioner Number</b>
Street Address			Phone No.	Fax No.
Town / City			Province	Postal Code
<b>Signature</b>				<b>Date (mm/dd/yy)</b>

Attending Physician - Please ensure *Practitioner Number* is entered and the form is **signed and dated**.

**NOTE: It is the Patient's responsibility to pay for any costs incurred for the completion of this document.**

**CONFIDENTIAL LTD FAX # – 306-775-5775**